Day Programmes for Older People - Auckland (May 2017)

This listing is for caregivers requiring day care for a dependent older person. The information is arranged in broad geographical areas: Central, West, North and South Auckland to help guide your search. All prices include GST.

Many rest homes and long-term care hospitals will accept a day stay client on an informal basis. The cost of day care ranges from $5 to $90 per day, with a cluster around $50 per day. There may be extra cost for those offering transport.

A separate listing for more independent older people called Activities for Older People is also available from Seniorline.

Subsidies

Carer Support Subsidy can be used to help with fees where the day stay is used to provide a rest for a caregiver. Eligibility for this subsidy is assessed by the Needs Assessment and Service Coordination service (NASC) contracted to your local District Health Board. Disability Allowance up to $62.37 a week may apply. It is income tested.

Free day care may be available for people with a diagnosis of dementia or Alzheimer's. Day programmes contracted for this type of service are limited. Needs Assessment and Service Co-ordination assess and authorise the subsidy.

NASC contact phone numbers:

  Auckland Central .................................................. 375 4395
  North Shore, Rodney, Waitakere .......................... 442 7171
  South - Counties Manukau ................................. 276 0040

NB: inclusion in this listing does not indicate District Health Board endorsement. Prices are correct at time of publication but may be subject to change.
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Auckland

**Anne Maree Gardens**

<table>
<thead>
<tr>
<th>Contact</th>
<th>Resina Rakai</th>
</tr>
</thead>
<tbody>
<tr>
<td>Phone</td>
<td>828 3741</td>
</tr>
<tr>
<td>Fax</td>
<td>828 3781</td>
</tr>
<tr>
<td>Email</td>
<td><a href="mailto:amgadmin@annemaree.co.nz">amgadmin@annemaree.co.nz</a></td>
</tr>
<tr>
<td>Hours</td>
<td>Monday to Sunday, flexible hours</td>
</tr>
<tr>
<td>Fees</td>
<td>Private fees $65. Some funding available</td>
</tr>
<tr>
<td>Meals</td>
<td>Lunch, morning and afternoon tea</td>
</tr>
<tr>
<td>Transport</td>
<td>Not available</td>
</tr>
<tr>
<td>Programme</td>
<td>Comprehensive programme includes games, music therapy, crosswords, puzzles and a daily exercise programme</td>
</tr>
<tr>
<td>Suitable for</td>
<td>A range of abilities: those who are alert, frail or have dementia. Wheelchair users</td>
</tr>
<tr>
<td>Max</td>
<td>7</td>
</tr>
<tr>
<td>Staff</td>
<td>Registered nurse, diversional therapist, experienced and trained care givers. Complete assessment before client begins programme</td>
</tr>
<tr>
<td>Space</td>
<td>Day programme is integrated with activities of rest home</td>
</tr>
<tr>
<td>Programme runs on public holidays</td>
<td></td>
</tr>
</tbody>
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**Aranui Home and Hospital**

<table>
<thead>
<tr>
<th>Contact</th>
<th>Janice Van Mil</th>
</tr>
</thead>
<tbody>
<tr>
<td>Phone</td>
<td>846 2944 / 021 299 8553</td>
</tr>
<tr>
<td>Fax</td>
<td>815 0562</td>
</tr>
<tr>
<td>Email</td>
<td><a href="mailto:manager@aranui.co.nz">manager@aranui.co.nz</a></td>
</tr>
<tr>
<td>Hours</td>
<td>Monday to Friday, 9am to 3pm</td>
</tr>
<tr>
<td>Fees</td>
<td>Dementia Day Care or Carer Support rate or $55.64 for a full day. A late cancellation fee may be charged if absence is not notified</td>
</tr>
<tr>
<td>Meals</td>
<td>Hot midday meal, morning and afternoon tea included</td>
</tr>
<tr>
<td>Transport</td>
<td>$9 a trip ($18 per day)</td>
</tr>
<tr>
<td>Programme</td>
<td>Integrated with rest home activities; games, outings, crafts, walks, entertainment, intellectual activities, exercise and special themes.</td>
</tr>
<tr>
<td>Suitable for</td>
<td>A range of abilities; frail, alert people and people with mild dementia</td>
</tr>
<tr>
<td>Max</td>
<td>10 - 15</td>
</tr>
<tr>
<td>Staff</td>
<td>Diversional therapist and activity staff, plus access to registered nurses</td>
</tr>
<tr>
<td>Space</td>
<td>Day care lounge, recliner chairs available</td>
</tr>
<tr>
<td>Podiatrist, physiotherapist and hairdresser are available - charges apply</td>
<td></td>
</tr>
</tbody>
</table>
Dominion Home

**Contact** Dawn Tatham  
**Phone** 620 5533  
**Fax** 620 4593  
**Email** dominionhome.dementia@gmail.com  
**Address** 4 Invermay Ave  
**Website** www.eldernet.co.nz  
**Hours** Monday to Sunday, 7am to 6pm  
**Fees** Carer Support subsidy half-day rate or privately paying  
**Meals** All meals provided  
**Transport** No transport available, but can go on day trips if seats available  
**Programme** Integrated with programme for long-term residents, includes outings  
**Suitable for** People with dementia  
**Max** 10  
**Staff** Activity co-ordinators and registered nurse  
**Space** Secure environment  

Extended hours meet the needs of caregivers who work full time. Respite service available

Elizabeth Knox

**Contact** Carol Lovatt  
**Phone** 520 8448  
**Fax** 522 2473  
**Email** caroll@knox.co.nz  
**Address** 10 Ranfurly Rd  
**Website** www.knox.co.nz  
**Hours** Depends on individual needs  
**Fees** Carer Support subsidy or $45 per half day, $65 per full day  
**Meals** Main meal, tea / coffee  
**Transport** Not available  
**Programme** Integrated with rest home activities: social  
**Suitable for** Those looking for more social interaction and independent with their own cares  
**Max** 3  
**Staff** Registered nurse, care givers  
**Space** General lounges and the Olive café
### Enliven Club

<table>
<thead>
<tr>
<th>Contact</th>
<th>Eva Tollemache</th>
</tr>
</thead>
<tbody>
<tr>
<td>Phone</td>
<td>622 9696</td>
</tr>
<tr>
<td>Fax</td>
<td>622 4790</td>
</tr>
<tr>
<td>Email</td>
<td><a href="mailto:eva.tollemache@psn.org.nz">eva.tollemache@psn.org.nz</a></td>
</tr>
<tr>
<td>Address</td>
<td>77 Grey St, Onehunga</td>
</tr>
<tr>
<td>Hours</td>
<td>Tuesday to Friday 7.30am to 4.30pm, closed Mondays</td>
</tr>
<tr>
<td>Fees</td>
<td>Dementia Day Care funding (assessed by Nasc)</td>
</tr>
<tr>
<td>Meals</td>
<td>Lunch, morning and afternoon tea</td>
</tr>
<tr>
<td>Transport</td>
<td>Van available for transport, costs $10 return trip</td>
</tr>
<tr>
<td>Programme</td>
<td>Individual programmes developed by occupational therapist after visiting client and family at home. Activities include music sessions, gardening in raised garden beds, baking, Tai Chi, walking groups and an outing once a week</td>
</tr>
<tr>
<td>Suitable for</td>
<td>Auckland DHB referred with diagnosis of dementia</td>
</tr>
<tr>
<td>Max</td>
<td>20</td>
</tr>
<tr>
<td>Staff</td>
<td>Team leader, trained support workers, occupational therapist and registered nurse input. Male support worker who speaks both Hindi and Guajarati languages.</td>
</tr>
<tr>
<td>Space</td>
<td>Onehunga Centennial Hall, Grey St, Onehunga, adjacent to Enliven Auckland premises</td>
</tr>
</tbody>
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### Lavender Cottage

<table>
<thead>
<tr>
<th>Contact</th>
<th>Roxane Ducusin</th>
</tr>
</thead>
<tbody>
<tr>
<td>Phone</td>
<td>815 4785</td>
</tr>
<tr>
<td>Fax</td>
<td>815 4786</td>
</tr>
<tr>
<td>Email</td>
<td><a href="mailto:roxaned@selwyncare.org.nz">roxaned@selwyncare.org.nz</a></td>
</tr>
<tr>
<td>Address</td>
<td>23 Wainoni Street, Pt Chevalier</td>
</tr>
<tr>
<td>Hours</td>
<td>Monday to Friday, 7.30am to 4.00pm</td>
</tr>
<tr>
<td>Fees</td>
<td>Dementia Day Care subsidy or $48.38 per day</td>
</tr>
<tr>
<td>Meals</td>
<td>Morning tea and lunch</td>
</tr>
<tr>
<td>Transport</td>
<td>Pick-up service $24 return</td>
</tr>
<tr>
<td>Programme</td>
<td>Crafts, music, gentle exercise, domestic tasks, gardening, physical chair games e.g. floor golf, quizzes, discussions, walks and sing-alongs. Team competitions and visiting groups to teach new things, dancing etc. Dedicate time daily to other cultures.</td>
</tr>
<tr>
<td>Suitable for</td>
<td>Confused, dependent people with Alzheimer's or some form of dementia</td>
</tr>
<tr>
<td>Max</td>
<td>16</td>
</tr>
<tr>
<td>Staff</td>
<td>Two trained care staff</td>
</tr>
<tr>
<td>Space</td>
<td>Separate, secure specialist unit</td>
</tr>
<tr>
<td>Podiatrist and hair dresser appointments can be arranged during Day Care hours</td>
<td></td>
</tr>
</tbody>
</table>
Sylvia Park Rest Home & Hospital

Contact: Wen Ying Xu
Phone: 527 3131 ext 1
Fax: 527 0152
Email: sylviaparkresthome@xtra.co.nz
Address: 26 Longford St, Mt Wellington
Website: www.eldernet.co.nz

- Hours: 7 days, 9.30am to 3.30pm, later pick up negotiable
- Fees: $50 per day
- Meals: Hot Chinese or Kiwi lunch, tea / coffee, dinner also available
- Transport: Not available
- Programmes: Integrated with rest home / hospital activities; Chinese TV, exercise, Mah Jong, Chinese newspaper
- Suitable for: A range of abilities; alert people, those with early dementia
- Max: 5
- Staff: Activity coordinator and team of well trained multi-lingual staff
- Space: Rest home lounge and 5 hospital lounges

The Anchorage Day Centre

Contact: Savita Kiran
Phone: 815 3991 or 021 725 467
Fax: 320 4721
Email: savitak@selwyncare.org.nz
Address: Cnr Taniwha St & Elstree Ave, Glen Innes
Website: www.selwyncare.org.nz

- Hours: Monday to Friday, 9am to 3.15pm. Closed public holidays
- Fees: Dementia Day Care (assessed by NASC) or $50 per day
- Meals: Cooked lunch, morning and afternoon tea
- Transport: Available by arrangement, $4.50 each way
- Programme: Varied programme; exercises, group activities, crafts and other suitable activities
- Suitable for: Older adults with dementia living in the community
- Max: 25 - 27
- Staff: Diversional therapist, two caregivers and volunteers
- Space: St Marys Church, secure area includes outdoor space
## Enliven Counties Manukau Day Programme

**Contact** Deborah Take  
**Phone** 267 1312 / 027 489 7115  
**Fax** 2677079  
**Email** deborah.take@psn.org.nz  
**Address** 217 Weymouth Rd, Manurewa  
**Website** [www.enliven.org.nz](http://www.enliven.org.nz)

**Hours** Monday to Friday, 8am to 5pm  
**Fees** DHB referrals no charge except transport. Private clients pay DHB contract rate.  
**Meals** Lunch, morning and afternoon tea  
**Transport** Van available for transport, $5 single trip, $10 return  
**Programme** Group and individual activities, entertainment and outings  
**Suitable for** Frail, older people, or those with some form of dementia  
**Max** 25 (if client needs less days we can fit them in)  
**Staff** All support workers are up to level four dementia training with Career Force, plus a qualified diversional therapist  
**Space** St Pauls Presbyterian church rooms

## HBH Senior Living Day Programme

**Contact** Lorraine Le Roux  
**Phone** 538 0809  
**Fax** 534 1119  
**Email** Lorraine.LeRoux@hbh.org.nz  
**Address** 139 Union Road, Howick  
**Website** [www.hbh.org.nz](http://www.hbh.org.nz)

**Hours** Monday to Friday, 8am to 5pm or hours negotiable  
**Fees** DHB subsidy (requires NASC assessment) for Carer Support payments, $50 per day  
**Meals** Two course hot lunch, morning tea, drinks and snacks available throughout the day  
**Transport** Provided within set area, $10 one way, $15 return  
**Programme** Varied programme offers a range of different activities and musical entertainment  
**Suitable for** Frail elderly, confused and dementia clients. Not suitable for people who might wander.  
**Max** Up to 50 clients per day  
**Staff** Team leader (enrolled nurse), occupational therapy assistants, social worker, volunteers and registered nurse on call  
**Space** Day Programme is held in a purpose-built area adjacent to the resthome  
**Meals** Access to hairdresser, extra costs apply
### Howick Manor

<table>
<thead>
<tr>
<th>Contact</th>
<th>Chaitali Tailor</th>
</tr>
</thead>
<tbody>
<tr>
<td>Phone</td>
<td>535 5863</td>
</tr>
<tr>
<td>Fax</td>
<td>533 3678</td>
</tr>
<tr>
<td>Email</td>
<td><a href="mailto:howickmanor@yahoo.co.nz">howickmanor@yahoo.co.nz</a></td>
</tr>
<tr>
<td>Address</td>
<td>7 Voltaire Court</td>
</tr>
<tr>
<td>Howick</td>
<td></td>
</tr>
<tr>
<td>Hours</td>
<td>Monday to Friday, weekends negotiable</td>
</tr>
<tr>
<td>Fees</td>
<td>$50 per day, may increase according to demand</td>
</tr>
<tr>
<td>Meals</td>
<td>Hot midday meal, tea / coffee</td>
</tr>
<tr>
<td>Transport</td>
<td>Not available</td>
</tr>
<tr>
<td>Programme</td>
<td>Varied; outings, entertainment, bingo, games, Chinese TV and personalised planning</td>
</tr>
<tr>
<td>Suitable for</td>
<td>Dementia clients</td>
</tr>
<tr>
<td>Max</td>
<td>3 (negotiable)</td>
</tr>
<tr>
<td>Staff</td>
<td>Up to three caregivers, registered nurse, some Chinese staff, activities coordinator daily</td>
</tr>
<tr>
<td>Space</td>
<td>Howick Manor dementia unit</td>
</tr>
</tbody>
</table>

- Access to occupational therapy, hairdressing and podiatrist, extra costs apply

### Kolmar Lodge Rest Home

<table>
<thead>
<tr>
<th>Contact</th>
<th>Nilam Naidu</th>
</tr>
</thead>
<tbody>
<tr>
<td>Phone</td>
<td>278 0076</td>
</tr>
<tr>
<td>Fax</td>
<td>277 7951</td>
</tr>
<tr>
<td>Email</td>
<td><a href="mailto:kolmarlodge@yahoo.co.nz">kolmarlodge@yahoo.co.nz</a></td>
</tr>
<tr>
<td>Address</td>
<td>136 Kolmar Road</td>
</tr>
<tr>
<td>Papatoetoe</td>
<td></td>
</tr>
<tr>
<td>Hours</td>
<td>7 days, 8am to 5pm</td>
</tr>
<tr>
<td>Fees</td>
<td>$50 per day or Carer Support funding</td>
</tr>
<tr>
<td>Meals</td>
<td>Hot midday meal, tea / coffee with snacks</td>
</tr>
<tr>
<td>Transport</td>
<td>Not available</td>
</tr>
<tr>
<td>Programme</td>
<td>Varied; outings, entertainment, games</td>
</tr>
<tr>
<td>Suitable for</td>
<td>Frail clients or those with mild dementia</td>
</tr>
<tr>
<td>Max</td>
<td>5</td>
</tr>
<tr>
<td>Staff</td>
<td>Three caregivers, registered nurse and activities co-ordinator</td>
</tr>
<tr>
<td>Space</td>
<td>Kolmar Lodge rest home</td>
</tr>
</tbody>
</table>

- Access to hairdresser and podiatrist, extra costs apply
Palms Lifecare Day Care

Contact  Michelle Black
Phone  09 237 3070  Address  104 Harris St
Fax  09 237 3888  Pukekohe
Email  manager@palms.org.nz  www.heritagelifecare.co.nz
Hours  Monday to Friday, 8.00am to 5.00pm, except for public holidays
Fees  $63.20 per day, Carer Support funding or via the Nasc
Meals  Main meal at lunchtime, morning and afternoon teas, snacks
Transport  Transport provided for all seniors funded through Pukekohe Family Support
Programme  Full, varied programme
Suitable for  People over 65 years, frail elderly requiring socialisation or early dementia support
Max  20
Staff  2 - 3 staff depending on numbers
Space  Purpose-built separate wing at Palms rest home, Pukekohe
        Access to hairdressing and podiatry services, extra costs apply

Parkhaven Hospital

Contact  Heather Himiona
Phone  275 6069  Address  131 Buckland Road
Fax  275 6078  Mangere East
Email  parkhaven@bupa.co.nz  www.bupa.co.nz
Hours  Monday to Friday, 8am to 5pm
Fees  $59.36 per day, including GST
Meals  Cooked lunch, morning and afternoon tea
Transport  $5 - $7.50 each way
Programme  Comprehensive monthly programme integrated with hospital activities includes games, music therapy, puzzles, crafts, gardening, board games, theme days and entertainment
Suitable for  Frail, alert and dementia clients. Wheelchair users by arrangement. Those looking for a community activity programme
Max  25
Staff  Registered nurse, activities coordinator, caregivers
Space  Parkhaven hospital lounges
        Access to hairdresser, podiatrist and physiotherapy, extra cost
Selwyn Foundation - Tuakau

Contact: Judy Skinner
Phone: 09 233 4303 / 021 555 002
Fax: n/a
Email: jayskin@xtra.co.nz
Address: 148 Buckland Rd, Tuakau
Website: www.selwyncare.org.nz

Hours: Tuesday 9.30am to 12noon, Wednesday 9.30am to 2.30pm
Fees: $3 per morning, $5 Wednesday with lunch, donation for transport
Meals: Cooked lunch, morning tea
Transport: Available
Programme: Exercises, social games, bowls and other domestic activities
Suitable for: All welcome
Max: Flexible
Staff: Coordinator and 2 volunteers
Space: St John's Anglican Church, Tuakau

Wattle Downs Care Home

Contact: Marie Dilly – Community Liaison
Phone: 027 293 1532
Fax: 985 5578
Email: Marie.Dilly@bupa.co.nz
Address: 120 Wattle Farm Road, Wattle Downs
Website: www.bupa.co.nz

Hours: Monday, Tuesday, Thursday, Friday, 9am to 5pm
Fees: Carer support subsidy or $60 per day
Meals: Morning / afternoon tea, lunch. Dinner is served at 5pm
Transport: No transport available
Programme: Integrated with rest home activities; games, walks, gentle exercises, arts, crafts, news and views, housie, card / board games, crossword puzzles, entertainment, movies and manicure sessions
Suitable for: Elderly 65 years and over
Max: 5
Staff: Two activities staff, nurses and caregivers on duty
Space: Ground floor lounge / dining room
Notes: Hairdresser for additional cost
## Anne Maree Court

**Contact** David Halewood  
**Phone** 418 3118  
**Fax** 418 2270  
**Email** amcmanager@annemaree.co.nz  
**Address** 17-27 Fraser Ave, Northcote  
**Website** www.annemareeresthome.co.nz  
**Hours** 7 days a week, 9am to 3pm  
**Fees** Private fees $65 per day  
**Meals** Lunch, tea / coffee  
**Transport** Dependent on availability of minibus, cost relates to distance  
**Programme** Comprehensive monthly programme includes games, music therapy, pool, crosswords, puzzles, daily exercise programme and twice monthly outings  
**Suitable for** Frail, alert and dementia clients, wheelchair users  
**Max** 15  
**Staff** Registered nurse, diversional therapist, experienced and trained care givers. Complete assessment before client begins programme  
**Space** Rest home and hospital facility  
**Programme** Runs on public holidays and weekends

## Aria Bay Retirement Village

**Contact** Pam Lannie  
**Phone** 479 1871  
**Fax** 479 7766  
**Email** manager@ariabay.co.nz  
**Address** 3-7 Woodlands Crescent, Browns Bay  
**Website** www.eldernet.co.nz  
**Hours** Monday to Friday, 9am to 4pm, or by arrangement with manager  
**Fees** Daily rate $64.08 or Carer Support subsidy, plus top-up fee of $25.47  
**Meals** Midday meal, tea / coffee, cater for vegetarians and diabetics  
**Transport** Not available  
**Programme** Set weekly programme; quizzes, crafts, exercise, speakers, bingo and outings with rest home residents  
**Suitable for** Wide range of abilities, though people need to be able to feed themselves  
**Max** 2  
**Staff** Activities co-ordinator, mobility therapist, caregivers and registered nurses  
**Space** Rest home lounge and quiet / library room  
**Space** Access to hair dressing, physiotherapy and podiatry services, extra costs apply
Ascot House
Contact    Shona Rishworth  
Phone      445 2518        Address  137 Vauxhall Rd         
Fax        446 0366       Fax
Email      rishworth@ascothouse.co.nz  
Hours     Monday to Wednesday, 9am to 3pm  
Fees       $55 per day, extras by negotiation  
Meals     Midday meal with dessert, tea / coffee  
Transport Not provided  
Programme Full, varied programme  
Suitable for Alert people and those with dementia, wheelchair users  
Max        4  
Staff     Diversional therapist  
Space Separate rest home lounge set-up for day care

BriarGate Dementia Care
Contact    Heather Verstraeten  
Phone      444 4484        Address  21-23 Anne McLean Drive  
Fax        443 3883        Fax
Email      manager@briargate.co.nz  
Hours     Monday to Friday, 9am to 3pm (flexible)  
Fees       $57-90 per day  
Meals     Lunch, tea / coffee  
Transport Minibus $10  
Programme Games and entertainment  
Suitable for Dementia clients  
Max        15  
Staff     Diversional therapist, two nurses and five healthcare assistants  
Space Integrated with activities at BriarGate dementia unit  
           Podiatrist and Hairdressing on request, extra costs apply
**Dee's Dementia Social Group**

**Contact**  
Margaret Pont

**Phone**  
09 489 3176 / 027 225 8893

**Fax**  
n/a

**Email**  
margaret.pont@psn.org.nz

**Hours**  
Takapuna - Monday 10.30 to 2.30pm, Mairangi Bay - Thursday 10am to 2pm

**Fees**  
$5 per day

**Meals**  
Tea and coffee provided, clients bring own lunch

**Transport**  
Not provided

**Programme**  
Indoor bowls, board games, quizzes, singing

**Suitable for**  
Early stages of dementia

**Max**  
14

**Staff**  
8 trained volunteers

**Space**  
Presbyterian churches, 10 Penzance Rd Mairangi Bay and 2 The Terrace, Takapuna

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**Fairview Day Care**

**Contact**  
Lisa Fairgray

**Phone**  
477 3980

**Fax**  
477 3981

**Email**  
lisa@fairviewcare.co.nz

**Hours**  
10am to 4pm

**Fees**  
$60 GST inc

**Meals**  
Two course main meal provided

**Transport**  
Not available

**Programme**  
Varied programme includes newspaper reading, games, karaoke, speakers, entertainment

**Suitable for**  
Dependent older people

**Max**  
5 participants, join in hospital activities programme

**Staff**  
Activities coordinator, trained volunteers and additional staff as required

**Space**  
Large lounge for group activities and smaller quiet lounge. Not a secure unit
Glenhaven Rest Home
Contact   Mark Finey / Rachelle Ruiz
Phone 444 7722                   Address   428 Glenfield Rd
Fax 444 7750                   Glenfield
Email manager@glenhavenresthome.co.nz                   www.glenhavenresthome.co.nz
Hours 7 days, 9am to 4pm, negotiable
Fees Carer Support subsidy or $50 per day
Meals Cooked lunch and dessert, morning and afternoon tea
Transport Negotiable
Programme Integrated with rest home activities, games, crafts, puzzles, board games, bingo and outings
Suitable for Frail elderly, able to mobilise independently or with stick / walking frame. Not suitable for people who may wander
Max 3
Staff Activities co-ordinator, registered nurse, caregivers
Space Lounge, dining room and outdoor area

Heritage Rest Home
Contact   Lisa Smith / Marianne Poulson
Phone 09 423 7092 / 09 423 6006                   Address   2 Olympus Rd
Fax 09 423 7859                   Wellsford
Email nursemanager.heritage@gmail.com
Hours 7 days, 7am to 7pm, or by negotiation with manager
Fees From $20 per day depending on time and services required. Full $50 daily rate includes meals
Meals Hot midday meal, tea / coffee
Transport Negotiable
Programme Exercise 1.30 to 2.30pm, bingo, sit fit, movies, visits to library, bus trips and CMA
Suitable for Frail elderly, confused and socially isolated
Max 5
Staff Rest home staff
Space 2 lounges, 2 decks and garden area
**Orewa Secure Care**

Contact: Patricia Smith-Wedgwood  
Phone: 09 421 1428 / 027 407 1628  
Fax: 09 421 1728  
Email: orewasecurecare@yahoo.co.nz  
Address: 163 Hibiscus Coast Highway, Orewa  
Hours: Monday to Saturday, 9am to 2pm  
Fees: Carer Support subsidy or $50 per day rest home, $60 dementia, $90 hospital care  
Meals: Hot, home made meals. Tea, coffee and snacks provided.  
Transport: Not available  
Programme: Full activities programme, outings, gardening, live entertainment  
Suitable for: Frail, alert and dementia clients, wheelchair users  
Max: 4  
Staff: Clinical manager, registered nurse, caregivers, activities coordinator  
Space: Three hospital / rest home lounges, one dementia lounge  
Additional Services: Podiatry and hairdressing at extra cost. Pets welcome

**Palm Grove Rest Home**

Contact: Julia Nessim / Manoj Kumar  
Phone: 445 0009 / 029 445 0009  
Fax: 445 6503  
Email: manager@palmgrove.info  
Address: 8 Grove Rd, Devonport  
Hours: 7 days, hours negotiable  
Fees: Carer Support subsidy or $50 per day  
Meals: Lunch and dinner included, tea / coffee  
Transport: Transport available if necessary  
Programme: Games, crosswords, puzzles, crafts, outings, exercise, hand and foot massage, entertainment, chair yoga, movies and Happy hour on Friday  
Suitable for: Age 55+ years. Alert people and those with memory loss or confusion  
Max: 4  
Staff: Diversional therapist, trained carers, registered nurse  
Space: Large rest home lounge, family room  
Additional Services: Russian speaking staff. Flower essence therapy and massage
Platinum Community Rehab & Day Centre
Contact Megan Minton or Monica Grimshaw
Phone (09) 421 1511 or 021 264 3688 Address 7 Greenview Lane
Fax (09) 421 1529 Red Beach
Email monica@platinumcommunitycare.co.nz monica@platinumcommunitycare.co.nz
Hours Monday to Friday 9am to 4pm, negotiable
Fees $80 includes GST (Carer Support can be used as part-payment)
Meals Morning and afternoon tea, lunch provided
Transport Courtesy van available for pick up or drop off
Programme Exercise programme, gardening, baking, card and board games, mens workshop, woodwork, music, arts and crafts. Client abilities and preferences taken into account
Suitable for All levels of dementia and older people wanting social interaction
Max 20 per session
Staff Occupational therapists, trainee diversional therapist and activities coordinators. All staff are trained in dementia care and attend regular training sessions
Space Lounge, dining, library, several activities rooms, kitchen and quiet room with a day bed
In-home respite care includes overnight stays. Occupational Therapy and clinical driving assessments

Totara Club Dementia Day Care
Contact Gael Ansell or Ruth Blackmore
Phone 477 2637 Address 550 East Coast Road
Fax 479 5353 Windsor Park
Email totara.club@equip.net.nz www.equip.net.nz
Hours Monday to Friday, 10.00am to 3.00pm
Fees No charge for clients referred by Waitemata DHB Needs Assessors, though short-term top-up of $10 per day may be required depending on numbers. Private clients $75 per day (including GST)
Meals Morning / afternoon tea and lunch provided
Transport Not provided
Programme Activities are designed to maintain and improve physical, social, cultural and cognitive well-being. Each club member has an individualised programme to meet their specific strengths and needs
Suitable for People with a confirmed mild to moderate dementia and relatively independent with self care skills
Max 15
Staff Two dementia trained staff members employed, students on placement from nursing, occupational therapy and social work courses, plus volunteers
Space Large secure space adjoining Windsor Park church with outdoor area and raised gardens
Waitakere

**Edmonton Meadows**

**Contact**  
Christine Ward, Maria Suares

**Phone**  
836 3606

**Fax**  
836 3606

**Email**  
edmeadows@xtra.co.nz

**Address**  
46 Edmonton Rd, Henderson

**Hours**  
7 days, 7am to 6pm

**Fees**  
$70 per day

**Meals**  
Main midday meal, tea / coffee

**Transport**  
Negotiable

**Programme**  
Variety of activities, outings, walks, shopping, bingo, bowls, crafts, etc

**Suitable for**  
A range of abilities including dementia

**Max**  
5

**Staff**  
Occupational therapist, physiotherapist, trained caregivers and registered nurse

**Space**  
Three lounge areas, large covered deck, separate dining and rest areas

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**Royal Heights**

**Contact**  
Pam Miller

**Phone**  
833 9333

**Fax**  
833 4993

**Email**  
info@rest-home.co.nz

**Address**  
154 Royal Rd, Massey

**Hours**  
7 days, hours dependent on services required

**Fees**  
$45 a day

**Meals**  
Main midday meal, tea / coffee

**Transport**  
Not available, rest home 100m from bus stop

**Programme**  
Integrated with rest home activities, varied programme; bus trips, exercise, games, church service, wine and entertainment

**Suitable for**  
Fairly independent people

**Max**  
Depends on activity, bookings are essential

**Staff**  
Activities co-ordinator, registered nurse, trained caregivers

**Space**  
Lounges, sun rooms, games room, dining room, gym and outdoor area

Access to podiatrist and hairdresser at additional cost
**Seadrome**

- **Contact**: Tina Chivers
- **Phone**: 833 7506
- **Fax**: 833 7622
- **Address**: 167 Colwill Road, Massey
- **Email**: tina.chivers@xtra.co.nz
- **Hours**: 7 days, time negotiable to suit client's needs
- **Fees**: Carer Support subsidy or $50 per day
- **Meals**: Midday meal, tea / coffee
- **Transport**: Not available
- **Programme**: Integrated with Dementia unit activities; art, crafts, games, dance, music groups, community singing/choir, walking groups, entertainers, blokes group, Maori Te Wa and outings
- **Suitable for**: People with Alzheimer's or dementia, challenging behaviour
- **Max**: 5
- **Staff**: Aides, registered nurse, occupational therapist and physiotherapist
- **Space**: One of rest home lounges on secure site

**West Harbour Gardens**

- **Contact**: Jacqueline Parker-Nance
- **Phone**: 09 417 0400
- **Fax**: 09 417 0401
- **Address**: 315 Hobsonville Road, West Harbour
- **Email**: whgmgr@terranova.net.nz www.terranovahomes.co.nz
- **Hours**: Monday to Friday, 9.30am to 2.30pm, negotiable
- **Fees**: $65 per day
- **Meals**: Lunch, morning and afternoon tea
- **Transport**: Not available
- **Programme**: Integrated into rest home activities
- **Suitable for**: Dependent older people
- **Max**: 5
- **Staff**: Care facility staff
- **Space**: West Harbour Gardens care facility
  - Hairdresser, respite care and overnight stays negotiable, extra costs apply